

Boys and Girls Clubs – South Coast BC Girls Mentoring Program

Provide bi-monthly meetings for girls and their mentors. Meetings will occur at a separate time than pre-teen girls programs, to allow participation in both.

Provide bi-monthly meetings for teenage girl mentors and program staff. Meetings will occur on opposite weeks as the mentor/mentee meetings

Provide both large and small group activities, discussion, and out-trips for mentees and their mentors

Mentees and mentors help develop program plan

Provide on-going mentor training and support

Provide opportunity for mentors to connect and debrief with each other

Mentors/mentees develop stronger communication skills

Mentors/mentees learn problem solving skills

Mentors/mentees gain leadership skills

Mentors/mentees increase connectedness to peers and community

Mentors/mentees increase their self confidence

Girls and Mentors increase their ability to build and maintain strong, positive relationships with others

Girls and Mentors increase their resiliency